



Member of Chinese Tennis Association Junior - Mission Hills Tennis Academy
Where to enjoy interesting and professional tennis course~

Course Teacher Information:

Mr Gary is a tennis coach. He is the second level athletic in China, tennis social instructor, CTAJ certified coach of Chinese Tennis Association Development League and certified coach of Easy&Stay. He learned from the world's famous professional tennis player Yuan Meng's coach, in line with the qualifications of tutor, first-class coach of the International Tennis Federation. He has won model coach in Mission Hills Tennis School.

Basic Information Overview	
Year Group (s)	P3 – S7
Teacher Source	MH Tennis Academy
Number of lessons	1 per week, 9 sessions in Term 1
Language	Chinese
Venue	BMH Tennis Court
Class Time	Thursday, 3:45--4:45PM

Course Overview

Enrollment Criteria

Students who like Tennis, and love sports.

Engage and Assess

After few weeks' learning, students will master effective learning methods such as correct grip, basic tennis footwork and hitting movements as well as know about some tennis knowledge to experience.

Explore and Develop

In the middle weeks of the course, students will begin to explore hitting points and hitting time. Students problems and technical movements in the training process should be carefully corrected to strengthen correct technical movements. Basic skills should be trained and improved. And check whether the children are in accordance with their expectations. Games will be played to help children get to know each other and their teachers. build a good relationship.

Refine and Present

In the final weeks of this term, students will be able to hit the tennis correctly. They will not only be able to use techniques but also use tactics initially. In the final weeks of this term, the teacher will take a physical and technical examination for students according to their abilities.

Parent Engagement Opportunity

Parents are always welcome to contact the coaches for feedback and will be invited to see the children's learning process.

Others

Equipment required by student. Water Bottle.

